

Your Leadership Team

CLINICAL DIRECTOR

Dr John Keene

LEAD PRACTICE MANAGER

Alison Stewart

LEAD GPs

Dr Geraldine Acton, Dr Suemay Chen

PCN NETWORK MANAGER

Lisa Francis

PRACTICE MANAGERS

Alison Stewart: Pauline Shipsey: Angela Gelder
Derrick Allen; Joanne Robinson: Claire Turnbull
Theresa Hutchinson

LEAD NETWORK NURSES

Claire Sheard
Isabel Vickers
Alison Langton

Primary Care Networks

Live from 1st July 2019, building on the work of the localities and its predecessors.

Our Network represents approximately 67,000 patients

OUR PRACTICES:

- The Gables Surgery
- Hillfoot Surgery
- Manor Park Surgery
- Mulberry Street Medical Practice
- Robin Lane Health & Wellbeing Centre
- Sunfield Medical Centre
- West Leeds Family Practice (3 sites)



WLPCN

Newsletter

02

January
2020

Working Collaboratively across Pudsey, Farsley, Stanningley, Calverley and Bramley

Leeds Health and Wellbeing Strategy

"Improve the health of the poorest fastest"

General Enquiries:

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This Month's Issue:

JANUARY 2020


Spotlight on.....

BETHANY REILLY - Community
Health Adviser

What we've been up to

Staff profile of the Month

Bethany started with WLPCN on 2nd Jan 2020 as part of our Soc Prescribing team (working with Nicola Greaves)

Profile Bio template	
Photo	
Name	Bethany Reilly
Designation (Job Title)	Community Health Advisor
Employed by	West Leeds Primary Care Network – West Leeds Family Practice
Based at	West Leeds Family Practice
Works at	All Network sites and community
Skills	<i>I have three years' experience as a social prescriber working with patients across West Leeds to improve their overall wellbeing. My skills include the ability to adopt a person-centred approach to the assessment of patient needs and encouraging the self-management of health and wellbeing through the utilisation of a SMART co-produced action plan. I am also confident in my approach to building and maintaining positive relationships across the network through excellent communication skills, as well as having a strong understanding of risk management strategies and safeguarding practices.</i>
Job Role detailed	<ul style="list-style-type: none"> - Providing a one to one holistic assessment with patients to help them to identify any social/environmental impacts on their health and wellbeing. Patients can be identified as being appropriate for this service by any staff member at any surgery across the PCN. - Support patients in the co-production of an action plan looking at what their priorities/support needs are. - Support patients to link in with appropriate support mechanisms i.e. debt support, housing support, social groups, employment/volunteering support, physical activity groups, healthy eating/smoking cessation support and mental health support. - Review action plans with patients to make sure that the support we have linked them in with is having a positive impact on their physical, social and emotional wellbeing.
Interesting fact about.....	<i>I once appeared on the ITV quiz show The Chase 😊</i>

- We have recruited an Operations Assistant to assist with the logistics of keeping our Network operational – more details to follow
- Our new social prescriber, Bethany, now has clinics on the Hub for all staff to book into. She is running clinics at West Lodge (Mondays), Manor Park (Tuesdays), Glenlea and Calverley (Thursdays) and Robin Lane (Fridays)
- Our advert for a Patient Empowerment Therapist went out to NHS Jobs on 16th January(closing date is 27th January. This role will complement our Social Prescribing team with things like group classes (relaxation etc)
- Our advert for a 2nd paramedic is also on NHS Jobs; we have the funding for this so the Network objective is (as always) to alleviate the pressure on GP appointments / Home Visits. The closing date is 30th January

- Virtual Pharmacist at the Hub: medication reviews / DANs / TANS done via telephone remotely. Clinics now on the Hub – please get these slots filled up!
- Network TARGET – 30th January. IAPT are delivering for us all a 3 hour TARGET session on Wellbeing in the Workplace (at Pudsey Civic Hall). Below is an idea of the format. If your practice has signed up for this, we look forward to seeing you there!

Leeds Mental Wellbeing Service 

Wellbeing in the Workplace session

Learn how to improve your mental wellbeing at work and at home, using CBT-based techniques to better:

- Understand stress
- Manage negative thoughts
- Manage worry
- Sleep
- Relax
- Problem solve
- Choose positive lifestyle choices

